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Thanks to all of the professionals and people with HIV who have helped us to develop this leaflet.

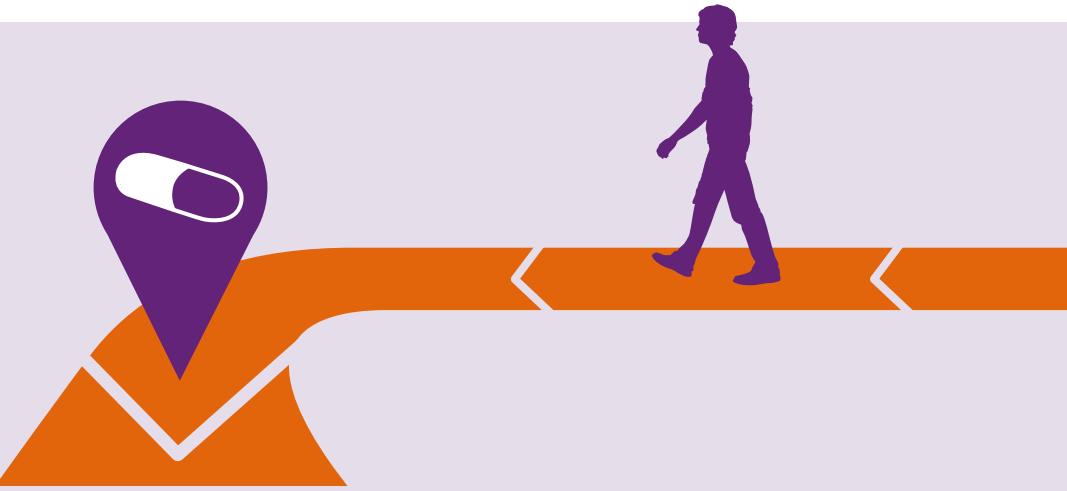
This leaflet is available in large format as a PDF.
Call NAM on 020 7837 6988.



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The basics

An HIV treatment journey



Notes

Want to find out more?

For more information on this topic

- Read our 'Starting HIV treatment' factsheet.
- Read our 'Taking your HIV treatment' booklet.

For more information about HIV

- Visit our website www.aidsmap.com.
- Speak to an adviser at THT Direct (phone: 0808 802 1221).

For information in other languages

- Visit www.aidsmap.com/translations.

Has this leaflet been useful to you?

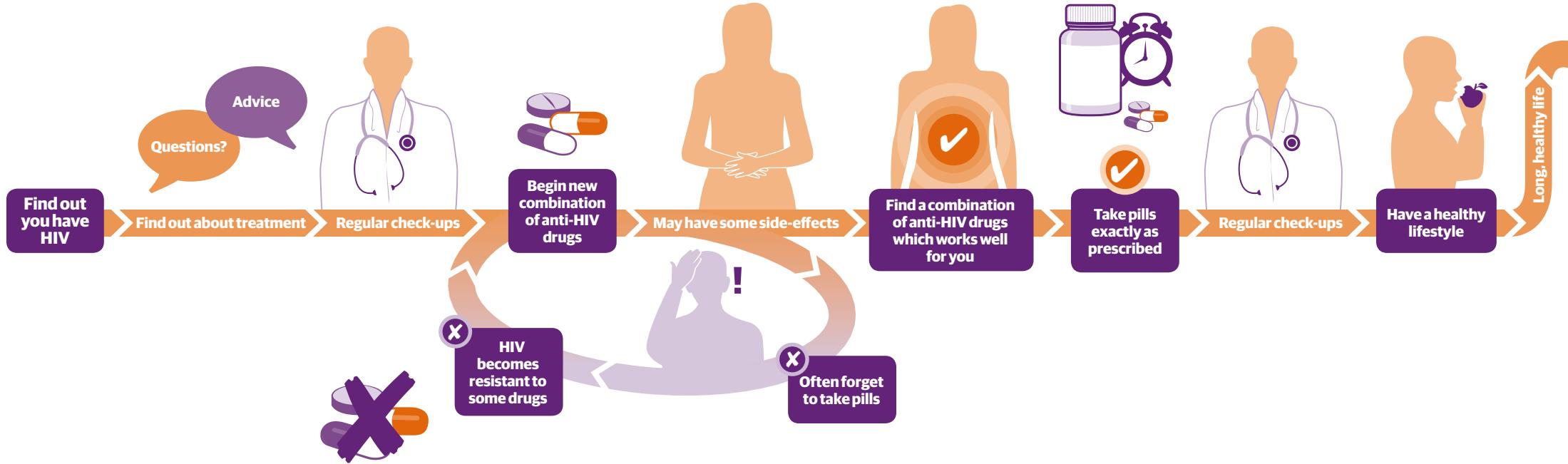
Please let us know what you think. Your feedback helps us to improve the services we offer.

You can contact us to find out more about the scientific research and information we have used to produce this leaflet.

We recommend that you discuss the information in this leaflet with a doctor or other health worker.

This is a diagram that shows the journey a lot of people go on with HIV treatment.

However, each person's situation is different. Your own circumstances may mean that the journey you take is slightly different.



Important points

- HIV treatment can protect your health and give you a long and healthy life.
- You should be able to find a combination of anti-HIV drugs which suits you and which has minimal side effects.