
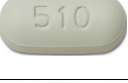






Generic name	Trade name	Formulation	Standard adult dose	Pills/day	Major side-effects	Food restrictions
Single-tablet regimens						
Efavirenz / emtricitabine / tenofovir disoproxil	<i>Atripla</i>	 Tablet comprising 600mg efavirenz, 200mg emtricitabine and 245mg tenofovir disoproxil	One tablet once a day	1	Common: Sleep disturbances, tiredness, abnormal dreams, impaired concentration, dizziness, rash, nausea, vomiting, diarrhoea, headache, anxiety, depression, raised creatine kinase levels, skin darkening, low blood phosphate levels, weakness, stomach pains, bloating, flatulence Rare: Allergic reaction, abdominal pain, psychosis, liver inflammation	Take on an empty stomach, preferably at bedtime
Rilpivirine / emtricitabine / tenofovir disoproxil	<i>Eviplera</i>	 Tablet comprising 25mg rilpivirine, 200mg emtricitabine and 245mg tenofovir disoproxil	One tablet once a day	1	Common: Nausea, vomiting, diarrhoea, dizziness, insomnia, headache, weakness, rash, stomach pains, fatigue, bloating, flatulence, changes in kidney function, raised creatine kinase levels, low blood phosphate levels, skin darkening, mood changes, depression Rare: Changes in heart rhythm, known as QT prolongation	Take with food
Elvitegravir / cobicistat / emtricitabine / tenofovir alafenamide	<i>Genvoya</i>	 Tablet comprising 150mg elvitegravir, 150mg cobicistat, 200mg emtricitabine, 10mg tenofovir alafenamide	One tablet once a day	1	Common: Nausea, abnormal dreams, headache, dizziness, diarrhoea, vomiting, stomach pain, wind, rash, tiredness Rare: Anaemia, depression, swelling of the face, lips, tongue or throat, itching	Take with food
Elvitegravir / cobicistat / emtricitabine / tenofovir disoproxil	<i>Stribild</i>	 Tablet comprising 150mg elvitegravir, 150mg cobicistat, 200mg emtricitabine, 245mg tenofovir disoproxil	One tablet once a day	1	Common: Nausea, diarrhoea, abnormal dreams, headache, fatigue, dizziness, insomnia, rash, flatulence, sleepiness Rare: Serious liver problems, kidney problems, bone thinning	Take with food
Dolutegravir / abacavir / lamivudine	<i>Triumeq</i>	 Tablet comprising 50mg dolutegravir, 600mg abacavir and 300mg lamivudine	One tablet once a day	1	Common: Insomnia (difficulty sleeping), headache, diarrhoea, nausea, fatigue, rash, itching, vomiting, stomach pain, drowsiness, dizziness, hair loss, depression, flatulence, muscle pain and discomfort, joint pain, an irritated or runny nose, indigestion, loss of appetite Rare: Inflammation of the liver or pancreas, suicidal thoughts and behaviours, severe rash	Take with or without food
Nucleoside/nucleotide reverse transcriptase inhibitors (NRTIs)						
Abacavir	<i>Ziagen</i>	 300mg tablet	300mg twice a day or 600mg once a day	2	Common: Nausea, vomiting, diarrhoea, fever, headache, abdominal pain, tiredness, loss of appetite Rare: Hypersensitivity reaction, lactic acidosis	Take with or without food
Emtricitabine	<i>Emtriva</i>	 200mg capsule	200mg once a day	1	Common: Nausea, diarrhoea, headache, raised creatine kinase levels, skin darkening Rare: Lactic acidosis, liver damage	Take with or without food
Lamivudine	<i>Epivir</i>	 150* and 300mg tablets	150mg twice a day or 300mg once a day	2 1	Common: Nausea, vomiting, diarrhoea, headache, abdominal pain, hair loss, fever, insomnia (difficulty sleeping), rash, tiredness, joint pain Rare: Lactic acidosis, liver damage	Take with or without food
Zidovudine	<i>Retrovir</i>	 100 and 250mg* capsules	250mg twice a day	2	Common: Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain, loss of appetite, fever Rare: Blood disorders, lipodystrophy, lactic acidosis	Take with or without food
Tenofovir disoproxil	<i>Viread</i>	 245mg tablet	245mg once a day	1	Common: Nausea, vomiting, diarrhoea, flatulence, dizziness, low blood phosphate levels, weakness, rash, headache, stomach pains, fatigue, bloating Rare: Kidney problems, bone thinning	Take with food
NRTI fixed-dose combinations						
Abacavir / lamivudine	<i>Kivexa</i>	 Tablet comprising 600mg abacavir and 300mg lamivudine	One tablet once a day	1	Common: Nausea, vomiting, diarrhoea, fever, headache, stomach pains, tiredness, loss of appetite, hair loss, cough, runny nose, insomnia (difficulty sleeping), rash, joint pain, muscle pain, hypersensitivity reaction Rare: Lactic acidosis, liver damage	Take with or without food
Abacavir / lamivudine / zidovudine	<i>Trizivir</i>	 Tablet comprising 300mg abacavir, 150mg lamivudine and 300mg zidovudine	One tablet twice a day	2	Common: Nausea, vomiting, diarrhoea, fever, headache, stomach pains, tiredness, loss of appetite, hair loss, cough, runny nose, insomnia (difficulty sleeping), rash, joint pain, dizziness, muscle pain, hypersensitivity reaction Rare: Lactic acidosis, liver damage, blood disorders, lipodystrophy	Take with or without food
Emtricitabine / tenofovir disoproxil	<i>Truvada</i>	 Tablet comprising 200mg emtricitabine and 245mg tenofovir disoproxil	One tablet once a day	1	Common: Nausea, diarrhoea, vomiting, flatulence, dizziness, low blood phosphate levels, weakness, rash, headache, raised creatine kinase levels, rashes, skin darkening, stomach pains, difficulty sleeping, bloating Rare: Lactic acidosis, liver damage, kidney problems, bone thinning	Best taken with food, but can be taken on an empty stomach
Emtricitabine / tenofovir alafenamide	<i>Descovy</i>	 Tablet comprising 200mg emtricitabine and 10mg or 25mg* tenofovir alafenamide	One tablet once a day. The 10mg version is recommended for use in combination with some boosted protease inhibitors.	1	Common: Nausea, abnormal dreams, headache, dizziness, diarrhoea, vomiting, stomach pain, flatulence, rash, tiredness Rare: Anaemia, indigestion, swelling of the face, lips, tongue or throat, itching, joint pain	Take with or without food
Lamivudine / zidovudine	<i>Combivir</i>	 Tablet comprising 150mg lamivudine and 300mg zidovudine	One tablet twice a day	2	Common: Nausea, vomiting, diarrhoea, headache, stomach pains, hair loss, fever, insomnia (difficulty sleeping), cough, runny nose, rash, tiredness, joint pain, dizziness, muscle pain, loss of appetite Rare: Blood disorders, lipodystrophy, lactic acidosis, liver damage	Take with or without food
Integrase inhibitors						
Dolutegravir	<i>Tivicay</i>	 50mg tablet	50mg once a day or 50mg twice a day if taken with efavirenz, nevirapine or tipranavir, or for HIV known to be resistant to integrase inhibitors	1 or 2	Common: Nausea, diarrhoea, headache, rash, itching, vomiting, stomach pain or discomfort, insomnia, dizziness, abnormal dreams, fatigue, flatulence, increase in liver and muscle enzymes. Rare: Allergic reaction, liver problems	Take with or without food
Raltegravir	<i>Isentress</i>	 400mg tablet	400mg twice a day	2	Common: Headache, insomnia (difficulty sleeping) Rare: Severe rash, hypersensitivity reaction, extreme thirst	Take with or without food
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)						
Efavirenz	<i>Sustiva Stocrin</i>	 600mg tablet* and 200mg capsule	600mg once a day	1 or 3	Common: Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, vomiting, headache, tiredness, diarrhoea, anxiety, depression, suicidal thoughts Rare: Psychosis, severe rash, liver problems	Take on an empty stomach, preferably at bedtime
Etravirine	<i>Intelence</i>	 100 and 200mg* tablet	200mg twice daily	2 or 4	Common: Rash, peripheral neuropathy Rare: Severe rash (Stevens Johnson syndrome)	Take with food
Nevirapine	<i>Viramune</i>	 200mg tablet	200mg once a day for two weeks then 200mg twice a day	2	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Take with or without food
Nevirapine	<i>Viramune prolonged-release</i>	 400mg tablet	400mg once a day after introductory period on non-extended-release nevirapine	1	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Swallow whole. Take with or without food
Rilpivirine	<i>Edurant</i>	 25mg tablet	25mg once a day	1	Common: Insomnia (difficulty sleeping), headache, rash, raised liver enzymes, depression, dizziness, stomach pains, vomiting Rare: At doses above 25mg may cause a disturbance to the heart rhythm	Take with a meal
Protease inhibitors						
Atazanavir	<i>Reyataz</i>	 150, 200 and 300mg* capsule	300mg with 100mg ritonavir once a day	2 or 3 §	Common: Nausea, diarrhoea, rash, stomach ache, headache, insomnia (difficulty sleeping), vomiting, hyperbilirubinaemia, lipodystrophy, liver toxicity, diabetes Rare: Kidney stones, kidney problems, abnormal liver function, changes in heart rhythm	Take with food
Darunavir	<i>Prezista</i>	 600, and 800mg* tablet	800mg with 100mg ritonavir once a day or 600mg with 100mg ritonavir twice a day	2 to 4 §	Common: Diarrhoea, nausea, rash, stomach pain, vomiting, headache, lipodystrophy, liver toxicity, diabetes, fever Rare: Abnormal liver function, changes in heart rhythm	Take with food
Darunavir / cobicistat	<i>Rezolsta</i>	 Tablet comprising 800mg darunavir and 150mg cobicistat	One tablet once a day	1	Common: Diarrhoea, nausea, rash, itching, stomach pain, vomiting, flatulence, headache, muscle pain, bone problems, tiredness, loss of appetite, abnormal dreams, diabetes Rare: Liver problems, severe rash	Take with food
Fosamprenavir	<i>Telzir</i>	 700mg tablet	700mg with 100mg ritonavir twice a day	4 §	Common: Raised lipids, nausea, vomiting, diarrhoea, rash, abdominal pain, headache, dizziness, tiredness, tingling around the mouth, changes in liver and pancreas function, lipodystrophy, liver toxicity, diabetes Rare: Severe rash, changes in heart rhythm	Take with or without food
Lopinavir / ritonavir	<i>Kaletra</i>	 Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day or four tablets once a day	4	Common: Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, weakness, heartburn, headache, raised lipids, liver toxicity, diabetes Rare: Changes in heart rhythm	Swallow whole. Take with or without food
Atazanavir / cobicistat	<i>Evotaz</i>	 Tablet comprising 300mg atazanavir, 150mg cobicistat	One tablet once a day	1	Common: Jaundice (yellowing of the skin and/or eyes), nausea, high blood sugar, increased appetite, change of taste, dry mouth, headache, dizziness, sleep problems, vomiting, diarrhoea, stomach problems, hyperbilirubinaemia, rash, lipodystrophy, fatigue Rare: Irregular heart beat, severe rash (Stevens-Johnson syndrome), liver problems, kidney problems, kidney stones, muscle aches or weakness	Take with food
CCR5 inhibitor						
Maraviroc	<i>Celsentri</i>	 150* and 300mg tablets	300mg twice a day or 150mg twice a day with ritonavir-boosted PI except tipranavir and fosamprenavir or 600mg twice a day with efavirenz or etravirine without a ritonavir-boosted PI	2 to 4	Common: Nausea, diarrhoea, fatigue, headache Rare: Allergic reaction, liver problems	Take with or without food
Booster drugs						
Cobicistat	<i>Tybost</i>	 150mg tablet	One tablet once a day	1	Common: Nausea, jaundice, high sugar levels in the blood, increased appetite, disturbed sense of taste, dry mouth, headache, dizziness, vomiting, diarrhoea, stomach pain, indigestion, feeling bloated, flatulence, rash, difficulty sleeping, abnormal dreams, drowsiness, tiredness Rare: Blood in the urine, protein in the urine, feeling depressed, itchiness, aching muscles, weakness, kidney stones, fever	Take with food
Ritonavir	<i>Norvir</i>	 100mg tablet	To 'boost' other PIs: 100 - 200mg once or twice a day	1 to 4	Common (at low dose): Raised lipid levels Rare: Changes in heart rhythm	Swallow whole. Take with food to avoid nausea

*Formulation(s) shown. § Includes ritonavir tablet(s).

Generic versions of some drugs are available so appearances may vary.

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NAM, Acorn House, 314-320 Gray's Inn Road, London WC1X 8DP. Email info@nam.org.uk **Web** www.aidsmap.com
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