


























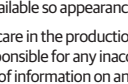


Generic name	Trade name	Formulation	Standard adult dose	Pills/day	Major side-effects	Food restrictions
Single-tablet regimens						
Dolutegravir / abacavir / lamivudine	Triumeq	 Tablet comprising 50mg dolutegravir, 600mg abacavir and 300mg lamivudine	One tablet once a day	1	See dolutegravir, abacavir and lamivudine	Take with or without food
Efavirenz / emtricitabine / tenofovir	Atripla	 Tablet comprising 600mg efavirenz, 200mg emtricitabine and 245mg tenofovir	One tablet once a day	1	See efavirenz, emtricitabine and tenofovir	Take on an empty stomach, preferably at bedtime
Elvitegravir / cobicistat / emtricitabine / tenofovir	Stribild	 Tablet comprising 150mg elvitegravir, 150mg cobicistat, 200mg emtricitabine, 245mg tenofovir	One tablet once a day	1	Common: Nausea, diarrhoea, abnormal dreams, headache, fatigue, dizziness, insomnia, rash, flatulence, sleepiness Rare: Serious liver problems, kidney problems, bone thinning	Take with food
Rilpivirine / emtricitabine / tenofovir	Eviplera	 Tablet comprising 25mg rilpivirine, 200mg emtricitabine and 245mg tenofovir	One tablet once a day	1	See rilpivirine, emtricitabine and tenofovir	Take with food
Fixed-dose combinations						
Abacavir / lamivudine	Kivexa	 Tablet comprising 600mg abacavir and 300mg lamivudine	One tablet once a day	1	See abacavir and lamivudine	Take with or without food
Abacavir / lamivudine / zidovudine	Trizivir	 Tablet comprising 300mg abacavir, 150mg lamivudine and 300mg zidovudine	One tablet twice a day	2	See abacavir, lamivudine and zidovudine	Take with or without food
Emtricitabine / tenofovir	Truvada	 Tablet comprising 200mg emtricitabine and 245mg tenofovir	One tablet once a day	1	See emtricitabine and tenofovir	Best taken with food, but can be taken on an empty stomach
Lamivudine / zidovudine	Combivir	 Tablet comprising 150mg lamivudine and 300mg zidovudine	One tablet twice a day	2	See lamivudine and zidovudine	Take with or without food
Nucleoside reverse transcriptase inhibitors (NRTIs)						
Abacavir	Ziagen	 300mg tablet	300mg twice a day or 600mg once a day	2	Common: Nausea, vomiting, diarrhoea, fever, headache, abdominal pain, tiredness, loss of appetite Rare: Hypersensitivity reaction, lactic acidosis	Take with or without food
Emtricitabine	Emtriva	 200mg capsule	200mg once a day	1	Common: Nausea, diarrhoea, headache, raised creatine kinase levels, skin darkening Rare: Lactic acidosis, liver damage	Take with or without food
Lamivudine	EpiVir	 150* and 300mg tablets	150mg twice a day or 300mg once a day	2 1	Common: Nausea, vomiting, diarrhoea, headache, abdominal pain, hair loss, fever, insomnia (difficulty sleeping), rash, tiredness, joint pain Rare: Lactic acidosis, liver damage	Take with or without food
Zidovudine	Retrovir	 100 and 250mg* capsules	250mg twice a day	2	Common: Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain, loss of appetite, fever Rare: Blood disorders, lipodystrophy, lactic acidosis	Take with or without food
Nucleoside reverse transcriptase inhibitor (NtRTI)						
Tenofovir	Viread	 245mg tablet	245mg once a day	1	Common: Nausea, vomiting, diarrhoea, flatulence, dizziness, low blood phosphate levels, weakness, rash, headache, stomach pains, fatigue, bloating Rare: Kidney problems, bone thinning	Take with food
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)						
Efavirenz	Sustiva Stocrin	 600mg tablet* and 200mg capsule	600mg once a day	1 or 3	Common: Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, vomiting, headache, tiredness, diarrhoea, anxiety, depression, suicidal thoughts Rare: Psychosis, severe rash, liver problems	Take on an empty stomach, preferably at bedtime
Etravirine	Intelence	 100 and 200mg* tablet	200mg twice daily	2 or 4	Common: Rash, peripheral neuropathy Rare: Severe rash (Stevens Johnson syndrome)	Take with food
Nevirapine	Viramune	 200mg tablet	200mg once a day for two weeks then 200mg twice a day	2	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Take with or without food
Nevirapine	Viramune prolonged-release	 400mg tablet	400mg once a day after introductory period on non-extended-release nevirapine	1	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Swallow whole. Take with or without food
Rilpivirine	Edurant	 25mg tablet	25mg once a day	1	Common: Insomnia (difficulty sleeping), headache, rash, raised liver enzymes, depression, dizziness, stomach pains, vomiting Rare: At doses above 25mg may cause a disturbance to the heart rhythm	Take with a meal
Protease inhibitors						
Atazanavir	Reyataz	 150, 200 and 300mg* capsule	300mg with 100mg ritonavir once a day	2 or 3 §	Common: Nausea, diarrhoea, rash, stomach ache, headache, insomnia (difficulty sleeping), vomiting, hyperbilirubinaemia, lipodystrophy, liver toxicity, diabetes Rare: Kidney stones, abnormal liver function, changes in heart rhythm	Take with food
Darunavir	Prezista	 600, and 800mg* tablet	800mg with 100mg ritonavir once a day or 600mg with 100mg ritonavir twice a day	2 to 4 §	Common: Diarrhoea, nausea, rash, stomach pain, vomiting, headache, lipodystrophy, liver toxicity, diabetes, fever Rare: Abnormal liver function, changes in heart rhythm	Take with food
Fosamprenavir	Telzir	 700mg tablet	700mg with 100mg ritonavir twice a day	4 §	Common: Raised lipids, nausea, vomiting, diarrhoea, rash, abdominal pain, headache, dizziness, tiredness, tingling around the mouth, changes in liver and pancreas function, lipodystrophy, liver toxicity, diabetes Rare: Severe rash, changes in heart rhythm	Take with or without food
Lopinavir / ritonavir	Kaletra	 Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day or four tablets once a day	4	Common: Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, weakness, heartburn, headache, raised lipids, liver toxicity, diabetes Rare: Changes in heart rhythm	Swallow whole. Take with or without food
Ritonavir	Norvir	 100mg tablet	Full dose: 600mg twice a day To 'boost' other PIs: 100 - 200mg once or twice a day	12 1 to 4	Common (at full dose): Raised lipid and liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, headache, weakness, numbness around the mouth, bad taste in mouth, lipodystrophy, liver toxicity, diabetes Common (at low dose): Raised lipid levels Rare: Changes in heart rhythm	Swallow whole. Take with food to avoid nausea
Tipranavir	Aptivus	 250mg capsule	500mg with 200mg ritonavir twice a day	8 §	Common: Nausea, diarrhoea, vomiting, abdominal pain, tiredness, headache, fever, liver abnormalities, rash, lipodystrophy, liver toxicity, diabetes, lipid increases, flatulence Rare: Bleeding in brain, changes in heart rhythm	Take with food
CCR5 inhibitor						
Maraviroc	Celsentri	 150* and 300mg tablets	300mg twice a day or 150mg twice a day with ritonavir-boosted PI except tipranavir and fosamprenavir or 600mg twice a day with efavirenz or etravirine without a ritonavir-boosted PI	2 to 4	Common: Nausea, diarrhoea, fatigue, headache Rare: Allergic reaction, liver problems	Take with or without food
Integrase inhibitors						
Dolutegravir	Tivicay	 50mg tablet	50mg once a day or 50mg twice a day if taken with efavirenz, nevirapine or tipranavir, or for HIV known to be resistant to integrase inhibitors	1 or 2	Common: Nausea, diarrhoea, headache, rash, itching, vomiting, stomach pain or discomfort, insomnia, dizziness, abnormal dreams, fatigue, flatulence, increase in liver and muscle enzymes. Rare: Allergic reaction, liver problems	Take with or without food
Elvitegravir	Vitekta	 85, 150mg* tablet	85mg once a day with atazanavir/ritonavir or lopinavir/ritonavir 150mg once a day with darunavir/ritonavir or fosamprenavir/ritonavir	1	Common: Stomach pain, vomiting, rashes, headache, diarrhoea, nausea, tiredness Rare: Depression, suicidal thoughts, insomnia, problems with digestion (dyspepsia), feeling bloated, flatulence, dizziness, tingling, sleepiness, abnormal taste.	Take with food
Raltegravir	Isentress	 400mg tablet	400mg twice a day	2	Common: Headache, insomnia (difficulty sleeping) Rare: Severe rash, hypersensitivity reaction, extreme thirst	Take with or without food

*Formulation(s) shown. § Includes ritonavir tablet(s).

Generic versions of some drugs are available so appearances may vary.

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