
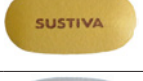



Generic name	Trade name	Formulation	Standard adult dose	Pills/day	Major side-effects	Food restrictions
<b>Single-tablet regimens</b>						
<b>Efavirenz / emtricitabine / tenofovir</b>	<i>Atripla</i>	 Tablet comprising 600mg efavirenz, 200mg emtricitabine and 245mg tenofovir	One tablet once a day	1	See efavirenz, emtricitabine and tenofovir	Take on an empty stomach, preferably at bedtime
<b>Elvitegravir / cobicistat / emtricitabine / tenofovir</b>	<i>Stribild</i>	 Tablet comprising 150mg elvitegravir, 150mg cobicistat, 200mg emtricitabine, 245mg tenofovir	One tablet once a day	1	<b>Common:</b> Nausea, diarrhoea, abnormal dreams, headache, fatigue, dizziness, insomnia, rash, flatulence, sleepiness <b>Rare:</b> Serious liver problems, kidney problems, bone thinning	Take with food
<b>Rilpivirine / emtricitabine / tenofovir</b>	<i>Eviplera</i>	 Tablet comprising 25mg rilpivirine, 200mg emtricitabine and 245mg tenofovir	One tablet once a day	1	See rilpivirine, emtricitabine and tenofovir	Take with food
<b>Fixed-dose combinations</b>						
<b>Abacavir / lamivudine</b>	<i>Kivexa</i>	 Tablet comprising 600mg abacavir and 300mg lamivudine	One tablet once a day	1	See abacavir and lamivudine	Take with or without food
<b>Abacavir / lamivudine / zidovudine</b>	<i>Trizivir</i>	 Tablet comprising 300mg abacavir, 150mg lamivudine and 300mg zidovudine	One tablet twice a day	2	See abacavir, lamivudine and zidovudine	Take with or without food
<b>Emtricitabine / tenofovir</b>	<i>Truvada</i>	 Tablet comprising 200mg emtricitabine and 245mg tenofovir	One tablet once a day	1	See emtricitabine and tenofovir	Best taken with food, but can be taken on an empty stomach
<b>Lamivudine / zidovudine</b>	<i>Combivir</i>	 Tablet comprising 150mg lamivudine and 300mg zidovudine	One tablet twice a day	2	See lamivudine and zidovudine	Take with or without food
<b>Nucleoside reverse transcriptase inhibitors (NRTIs)</b>						
<b>Abacavir</b>	<i>Ziagen</i>	 300mg tablet	300mg twice a day or 600mg once a day	2	<b>Common:</b> Nausea, vomiting, diarrhoea, fever, headache, abdominal pain, tiredness, loss of appetite <b>Rare:</b> Hypersensitivity reaction, lactic acidosis	Take with or without food
<b>Emtricitabine</b>	<i>Emtriva</i>	 200mg capsule	200mg once a day	1	<b>Common:</b> Nausea, diarrhoea, headache, raised creatine kinase levels, skin darkening <b>Rare:</b> Lactic acidosis, liver damage	Take with or without food
<b>Lamivudine</b>	<i>Epivir</i>	 150* and 300mg tablets	150mg twice a day or 300mg once a day	2 1	<b>Common:</b> Nausea, vomiting, fatigue, headache, abdominal pain, hair loss, fever, insomnia (difficulty sleeping), rash, tiredness, joint pain <b>Rare:</b> Lactic acidosis, liver damage	Take with or without food
<b>Zidovudine</b>	<i>Retrovir</i>	 100 and 250mg* capsules	250mg twice a day	2	<b>Common:</b> Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain, loss of appetite, fever <b>Rare:</b> Blood disorders, lipodystrophy, lactic acidosis	Take with or without food
<b>Nucleotide reverse transcriptase inhibitor (NtRTI)</b>						
<b>Tenofovir</b>	<i>Viread</i>	 245mg tablet	245mg once a day	1	<b>Common:</b> Nausea, vomiting, diarrhoea, flatulence, dizziness, low blood phosphate levels, weakness, rash, headache, stomach pains, fatigue, bloating <b>Rare:</b> Kidney problems, bone thinning	Take with food
<b>Non-nucleoside reverse transcriptase inhibitors (NNRTIs)</b>						
<b>Efavirenz</b>	<i>Sustiva</i> <i>Stocrin</i>	 600mg tablet* and 200mg capsule	600mg once a day	1 or 3	<b>Common:</b> Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, vomiting, headache, tiredness, diarrhoea, anxiety, depression, suicidal thoughts <b>Rare:</b> Psychosis, severe rash, liver problems	Take on an empty stomach, preferably at bedtime
<b>Etravirine</b>	<i>Intencele</i>	 100 and 200mg* tablet	200mg twice daily	2 or 4	<b>Common:</b> Rash, peripheral neuropathy <b>Rare:</b> Severe rash (Stevens Johnson syndrome)	Take with food
<b>Nevirapine</b>	<i>Viramune</i>	 200mg tablet	200mg once a day for two weeks then 200mg twice a day	2	<b>Common:</b> Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea <b>Rare:</b> Severe rash (Stevens Johnson syndrome)	Take with or without food
<b>Nevirapine</b>	<i>Viramune prolonged-release</i>	 400mg tablet	400mg once a day after introductory period on non-extended-release nevirapine	1	<b>Common:</b> Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea <b>Rare:</b> Severe rash (Stevens Johnson syndrome)	Swallow whole. Take with or without food
<b>Rilpivirine</b>	<i>Edurant</i>	 25mg tablet	25mg once a day	1	<b>Common:</b> Insomnia (difficulty sleeping), headache, rash, raised liver enzymes, depression, dizziness, stomach pains, vomiting <b>Rare:</b> At doses above 25mg may cause a disturbance to the heart rhythm	Take with a meal
<b>Protease inhibitors</b>						
<b>Atazanavir</b>	<i>Reyataz</i>	 150, 200 and 300mg* capsule	300mg with 100mg ritonavir once a day	2 or 3 §	<b>Common:</b> Nausea, diarrhoea, rash, stomach ache, headache, insomnia (difficulty sleeping), vomiting, hyperbilirubinaemia, lipodystrophy, liver toxicity, diabetes <b>Rare:</b> Kidney stones, abnormal liver function, changes in heart rhythm	Take with food
<b>Darunavir</b>	<i>Prezista</i>	 600, and 800mg* tablet	800mg with 100mg ritonavir once a day or 600mg with 100mg ritonavir twice a day	2 to 4 §	<b>Common:</b> Diarrhoea, nausea, rash, stomach pain, vomiting, headache, lipodystrophy, liver toxicity, diabetes, fever <b>Rare:</b> Abnormal liver function, changes in heart rhythm	Take with food
<b>Fosamprenavir</b>	<i>Telzir</i>	 700mg tablet	700mg with 100mg ritonavir twice a day	4 §	<b>Common:</b> Raised lipids, nausea, vomiting, diarrhoea, rash, abdominal pain, headache, dizziness, tiredness, tingling around the mouth, changes in liver and pancreas function, lipodystrophy, liver toxicity, diabetes <b>Rare:</b> Severe rash, changes in heart rhythm	Take with or without food
<b>Lopinavir / ritonavir</b>	<i>Kaletra</i>	 Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day or four tablets once a day	4	<b>Common:</b> Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, weakness, heartburn, headache, raised lipids, liver toxicity, diabetes <b>Rare:</b> Changes in heart rhythm	Swallow whole. Take with or without food
<b>Ritonavir</b>	<i>Norvir</i>	 100mg tablet	<b>Full dose:</b> 600mg twice a day <b>To 'boost' other PIs:</b> 100 - 200mg once or twice a day	12 1 to 4	<b>Common (at full dose):</b> Raised lipid and liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, headache, weakness, numbness around the mouth, bad taste in mouth, lipodystrophy, liver toxicity, diabetes <b>Common (at low dose):</b> Raised lipid levels <b>Rare:</b> Changes in heart rhythm	Swallow whole. Take with food to avoid nausea
<b>Tipranavir</b>	<i>Aptivus</i>	 250mg capsule	500mg with 200mg ritonavir twice a day	8 §	<b>Common:</b> Nausea, diarrhoea, vomiting, abdominal pain, tiredness, headache, fever, liver abnormalities, rash, lipodystrophy, liver toxicity, diabetes, lipid increases, flatulence <b>Rare:</b> Bleeding in brain, changes in heart rhythm	Take with food
<b>CCR5 inhibitor</b>						
<b>Maraviroc</b>	<i>Celsentri</i>	 150* and 300mg tablets	300mg twice a day or 150mg twice a day with ritonavir-boosted PI except tipranavir and fosamprenavir or 600mg twice a day with efavirenz or etravirine without a ritonavir-boosted PI	2 to 4	<b>Common:</b> Nausea, diarrhoea, fatigue, headache <b>Rare:</b> Allergic reaction, liver problems	Take with or without food
<b>Integrase inhibitors</b>						
<b>Dolutegravir</b>	<i>Tivicay</i>	 50mg tablet	50mg once a day or 50mg twice a day if taken with efavirenz, nevirapine or tipranavir, or for HIV known to be resistant to integrase inhibitors	1 or 2	<b>Common:</b> Nausea, diarrhoea, headache, rash, itching, vomiting, stomach pain or discomfort, insomnia, dizziness, abnormal dreams, fatigue, flatulence, increase in liver and muscle enzymes. <b>Rare:</b> Allergic reaction, liver problems	Take with or without food
<b>Elvitegravir</b>	<i>Vitekta</i>	 85, 150mg* tablet	85mg once a day with atazanavir/ritonavir or lopinavir/ritonavir 150mg once a day with darunavir/ritonavir or fosamprenavir/ritonavir	1	<b>Common:</b> Stomach pain, vomiting, rashes, headache, diarrhoea, nausea, tiredness <b>Rare:</b> Depression, suicidal thoughts, insomnia, problems with digestion (dyspepsia), feeling bloated, flatulence, dizziness, tingling, sleepiness, abnormal taste.	Take with food
<b>Raltegravir</b>	<i>Isentress</i>	 400mg tablet	400mg twice a day	2	<b>Common:</b> Headache, insomnia (difficulty sleeping) <b>Rare:</b> Severe rash, hypersensitivity reaction, extreme thirst	Take with or without food

\*Formulation(s) shown. § Includes ritonavir tablet(s).

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