

Generic name	Trade name	Formulation	Standard adult dose	Pills/day	Major side-effects	Food restrictions
Fixed-dose combinations						
3TC / abacavir	<i>Kivexa (EU)</i>	Tablet comprising 300mg 3TC and 600mg abacavir	One tablet once a day	1	See 3TC and abacavir	Take with or without food
3TC / AZT	<i>Combivir</i>	Tablet comprising 150mg 3TC and 300mg AZT	One tablet twice a day	2	See 3TC and AZT	Take with or without food
FTC / tenofovir	<i>Truvada</i>	Tablet comprising 200mg FTC and 245mg tenofovir	One tablet once a day	1	See FTC and tenofovir	Best taken with food, but can be taken on an empty stomach
3TC / abacavir / AZT	<i>Trizivir</i>	Tablet comprising 150mg 3TC, 300mg abacavir and 300mg AZT	One tablet twice a day	2	See 3TC, abacavir and AZT	Take with or without food
FTC / rilpivirine / tenofovir	<i>Eviplera</i>	Tablet comprising 200mg FTC, 25mg rilpivirine and 245mg tenofovir	One tablet once a day	1	See FTC, rilpivirine and tenofovir	Take with food
FTC / tenofovir / efavirenz	<i>Atripla</i>	Tablet comprising 600mg efavirenz, 200mg FTC and 245mg tenofovir	One tablet once a day	1	See FTC, tenofovir and efavirenz	Take on an empty stomach, preferably at bedtime
Elvitegravir / cobicistat / FTC / tenofovir	<i>Stribild</i>	Tablet comprising 150mg elvitegravir, 150mg cobicistat, 200mg FTC, 245mg tenofovir	One tablet once a day	1	Common: Nausea, diarrhoea, abnormal dreams, headache, fatigue, dizziness, insomnia, rash, flatulence, sleepiness Rare: Lactic acidosis, serious liver problems, kidney problems, bone thinning	Take with food
Nucleoside reverse transcriptase inhibitors (NRTIs)						
3TC, lamivudine	<i>Epivir</i>	150* and 300mg tablets	150mg twice a day or 300mg once a day	2 or 1	Common: Nausea, vomiting, diarrhoea, headache, abdominal pain, hair loss, fever, insomnia (difficulty sleeping), rash, tiredness, joint pain Rare: Lactic acidosis, liver damage	Take with or without food
Abacavir	<i>Ziagen</i>	300mg tablet	300mg twice a day or 600mg once a day	2	Common: Nausea, vomiting, diarrhoea, fever, headache, abdominal pain, tiredness, loss of appetite Rare: Hypersensitivity reaction, lactic acidosis	Take with or without food
AZT, zidovudine	<i>Retrovir</i>	100 and 250mg* capsules	250mg twice a day	2	Common: Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain, loss of appetite, fever Rare: Blood disorders, lipodystrophy, lactic acidosis	Take with or without food
FTC, emtricitabine	<i>Emtriva</i>	200mg capsule	200mg once a day	1	Common: Nausea, diarrhoea, headache, raised creatine kinase levels, skin darkening Rare: Lactic acidosis, liver damage	Take with or without food
Nucleotide reverse transcriptase inhibitor (NtRTI)						
Tenofovir	<i>Viread</i>	245mg tablet	245mg once a day	1	Common: Nausea, vomiting, diarrhoea, flatulence, dizziness, low blood phosphate levels, weakness, rash, headache, stomach pains, fatigue, bloating Rare: Kidney problems, bone thinning	Take with food
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)						
Efavirenz	<i>Sustiva Stocrin</i>	600mg tablet* and 200mg capsule	600mg once a day	1 or 3	Common: Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, vomiting, headache, tiredness, diarrhoea, anxiety, depression Rare: Psychosis, severe rash, liver problems	Take on an empty stomach, preferably at bedtime
Etravirine	<i>Intelecle</i>	100 and 200mg* tablet	200mg twice daily	2 or 4	Common: Rash, peripheral neuropathy Rare: Severe rash (Stevens Johnson syndrome)	Take with food
Nevirapine	<i>Viramune</i>	200mg tablet	200mg once a day for two weeks then 200mg twice a day	2	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Take with or without food
Nevirapine	<i>Viramune prolonged-release</i>	400mg tablet	400mg once a day after introductory period on non-extended-release nevirapine	1	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Swallow whole. Take with or without food
Rilpivirine	<i>Edurant</i>	25mg tablet	25mg once a day	1	Common: Insomnia (difficulty sleeping), headache, rash, raised liver enzymes, depression, dizziness, stomach pains, vomiting Rare: At doses above 25mg may cause a disturbance to the heart rhythm	Take with a meal
Protease inhibitors						
Atazanavir	<i>Reyataz</i>	150, 200 and 300mg* capsule	300mg with 100mg ritonavir once a day or 400mg with 100mg ritonavir once a day with efavirenz	2 or 3 §	Common: Nausea, diarrhoea, rash, stomach ache, headache, insomnia (difficulty sleeping), vomiting, hyperbilirubinaemia, lipodystrophy, liver toxicity, diabetes Rare: Kidney stones, abnormal liver function, changes in heart rhythm	Take with food
Darunavir	<i>Prezista</i>	400, 600, and 800mg* tablet	600mg with 100mg ritonavir twice a day or 800mg with 100mg ritonavir once a day	2 to 4 §	Common: Diarrhoea, nausea, rash, stomach pain, vomiting, headache, lipodystrophy, liver toxicity, diabetes, fever Rare: Abnormal liver function, changes in heart rhythm	Take with food
Fosamprenavir	<i>Telzir</i>	700mg tablet	700mg with 100mg ritonavir twice a day	4 §	Common: Raised lipids, nausea, vomiting, diarrhoea, rash, abdominal pain, headache, dizziness, tiredness, tingling around the mouth, changes in liver and pancreas function, lipodystrophy, liver toxicity, diabetes Rare: Severe rash, changes in heart rhythm	Take with or without food
Lopinavir / ritonavir	<i>Kaletra</i>	Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day or four tablets once a day	4	Common: Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, weakness, heartburn, headache, raised lipids, liver toxicity, diabetes Rare: Changes in heart rhythm	Swallow whole. Take with or without food
Ritonavir	<i>Norvir</i>	100mg tablet	Full dose: 600mg twice a day To 'boost' other PIs: 100 – 200mg once or twice a day	12 or 1 to 4	Common (at full dose): Raised lipid and liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, headache, weakness, numbness around the mouth, bad taste in mouth, lipodystrophy, liver toxicity, diabetes Common (at low dose): Raised lipid levels Rare: Changes in heart rhythm	Swallow whole. Take with food to avoid nausea
Tipranavir	<i>Aptivus</i>	250mg capsule	500mg with 200mg ritonavir twice a day	8 §	Common: Nausea, diarrhoea, vomiting, abdominal pain, tiredness, headache, fever, liver abnormalities, rash, lipodystrophy, liver toxicity, diabetes, lipid increases, flatulence Rare: Bleeding in brain, changes in heart rhythm	Take with food
CCR5 inhibitor						
Maraviroc	<i>Celsentri</i>	150* and 300mg tablets	300mg twice a day or 150mg twice a day with ritonavir-boosted PI except tipranavir and fosamprenavir or 600mg twice a day with efavirenz or etravirine without a ritonavir-boosted PI	2 to 4	Common: Nausea, diarrhoea, fatigue, headache Rare: Allergic reaction, liver problems	Take with or without food
Integrase inhibitor						
Raltegravir	<i>Isentress</i>	400mg tablet	400mg twice a day	2	Common: Headache, insomnia (difficulty sleeping) Rare: Severe rash, hypersensitivity reaction, extreme thirst	Take with or without food

*Formulation(s) shown. § Includes ritonavir capsule(s).

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