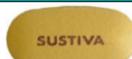


Generic name	Trade name	Formulation	Standard adult dose	Pills/day	Major side-effects	Food restrictions	Page
Triple-drug combination							
FTC / tenofovir / efavirenz	<i>Atripla</i>	 Tablet comprising 600mg efavirenz, 200mg FTC and 245mg tenofovir	One tablet once a day	1	See FTC, tenofovir and efavirenz	Take on an empty stomach, preferably at bedtime	16
FTC / rilpivirine / tenofovir	<i>Eviplera</i>	 Tablet comprising 200mg FTC, 25mg rilpivirine and 245mg tenofovir	One tablet once a day	1	See FTC, rilpivirine and tenofovir	Take with a meal	18
Nucleoside/nucleotide reverse transcriptase inhibitors (NRTIs/NtRTIs)							
3TC / AZT	<i>Combivir</i>	 Tablet comprising 150mg 3TC and 300mg AZT	One tablet twice a day	2	See 3TC and AZT	Take with or without food	19
3TC / abacavir	<i>Kivexa</i>	 Tablet comprising 300mg 3TC and 600mg abacavir	One tablet once a day	1	See 3TC and abacavir	Take with or without food	19
3TC / abacavir / AZT	<i>Trizivir</i>	 Tablet comprising 150mg 3TC, 300mg abacavir and 300mg AZT	One tablet twice a day	2	See 3TC, abacavir and AZT	Take with or without food	21
FTC / tenofovir	<i>Truvada</i>	 Tablet comprising 200mg FTC and 245mg tenofovir	One tablet once a day	1	See FTC and tenofovir	Take with food	22
3TC, lamivudine	<i>Epivir</i>	 150* and 300mg tablets	150mg twice a day or 300mg once a day	2 1	Common: Nausea, vomiting, diarrhoea, headache, abdominal pain, hair loss, fever, insomnia (difficulty sleeping), rash, tiredness, joint pain Rare: Lactic acidosis, liver damage	Take with or without food	23
Abacavir	<i>Ziagen</i>	 300mg tablet	300mg twice a day or 600mg once a day	2	Common: Nausea, vomiting, diarrhoea, fever, headache, tiredness, loss of appetite, abdominal pain Rare: Hypersensitivity reaction, lactic acidosis	Take with or without food	24
AZT, zidovudine	<i>Retrovir</i>	 100 and 250mg* capsules	250mg twice a day	2	Common: Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain, loss of appetite, fever Rare: Blood disorders, lipodystrophy, lactic acidosis	Take with or without food	25
FTC, emtricitabine	<i>Emtriva</i>	 200mg capsule	200mg once a day	1	Common: Nausea, diarrhoea, headache, raised creatine kinase levels, skin darkening Rare: Lactic acidosis, liver damage	Take with or without food	26
Tenofovir	<i>Viread</i>	 245mg tablet	245mg once a day	1	Common: Nausea, vomiting, diarrhoea, dizziness, low blood phosphate levels, weakness, rash, headache, stomach pains, fatigue, bloating, flatulence Rare: Kidney problems, bone thinning	Take with food	27
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)							
Efavirenz	<i>Sustiva</i>	 600mg tablet* and 200mg capsule	600mg once a day	1 or 3	Common: Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, vomiting, headache, tiredness, diarrhoea, anxiety, depression Rare: Psychosis, severe rash, liver problems	Take on an empty stomach, preferably at bedtime	29
Etravirine	<i>Intence</i>	 100 and 200mg* tablet	200mg twice daily	2 or 4	Common: Rash, peripheral neuropathy Rare: Severe rash (Stevens Johnson syndrome)	Take with food	31
Nevirapine	<i>Viramune</i>	 200mg tablet	200mg once a day for two weeks then 200mg twice a day	2	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Take with or without food	33
Nevirapine	<i>Viramune prolonged-release</i>	 400mg tablet	400mg once a day after introductory period on non-extended-release nevirapine	1	Common: Liver toxicity, allergic reaction, rash, nausea, headache, fatigue, stomach pain, diarrhoea Rare: Severe rash (Stevens Johnson syndrome)	Take with or without food	33
Rilpivirine	<i>Edurant</i>	 25mg tablet	25mg once a day	1	Common: Insomnia (difficulty sleeping), headache, rash, mood changes, depression Rare: At doses above 25mg may cause a disturbance to the heart rhythm	Take with a meal	36
Protease inhibitors							
Atazanavir	<i>Reyataz</i>	 150, 200 and 300mg* capsule	300mg with 100mg ritonavir once a day or 400mg with 100mg ritonavir once a day with efavirenz	2 or 3 §	Common: Nausea, diarrhoea, rash, stomach ache, headache, insomnia (difficulty sleeping), vomiting, hyperbilirubinaemia, lipodystrophy, liver toxicity, diabetes, heartburn, jaundice Rare: Kidney stones, abnormal liver function, changes in heart rhythm	Take with food	40
Darunavir	<i>Prezista</i>	 400 and 600mg* tablet	600mg with 100mg ritonavir twice a day or 800mg with 100mg ritonavir once a day	3 or 4 §	Common: Diarrhoea, nausea, rash, stomach pain, vomiting, headache, lipodystrophy, liver toxicity, diabetes, fever Rare: Abnormal liver function, changes in heart rhythm	Take with food	41
Fosamprenavir	<i>Telzir</i>	 700mg tablet	700mg with 100mg ritonavir twice a day	4 §	Common: Raised lipids, nausea, vomiting, diarrhoea, rash, abdominal pain, headache, dizziness, tiredness, tingling around the mouth, changes in liver and pancreas function, lipodystrophy, liver toxicity, diabetes Rare: Severe rash, changes in heart rhythm	Take with or without food	42
Lopinavir / ritonavir	<i>Kaletra</i>	 Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day or four tablets once a day	4	Common: Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, weakness, heartburn, headache, raised lipids, liver toxicity, diabetes Rare: Changes in heart rhythm	Take with or without food	43
Ritonavir	<i>Norvir</i>	 100mg tablet	Full dose: 600mg twice a day To 'boost' other PIs: 100 - 200mg once or twice a day	12 1 to 4	Common (at full dose): Raised lipid and liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, headache, weakness, numbness around the mouth, bad taste in mouth, lipodystrophy, liver toxicity, diabetes Common (at low dose): Raised lipid levels Rare: Changes in heart rhythm	Take with food to avoid nausea	45
Tipranavir	<i>Aptivus</i>	 250mg capsule	500mg with 200mg ritonavir twice a day	8 §	Common: Nausea, diarrhoea, vomiting, abdominal pain, tiredness, headache, fever, liver abnormalities, rash, lipodystrophy, liver toxicity, diabetes, lipid increases, flatulence Rare: Bleeding in brain, changes in heart rhythm	Take with food	46
CCR5 inhibitors							
Maraviroc	<i>Celsentri</i>	 150*, 300mg tablets	300mg twice a day or 150mg twice a day with ritonavir-boosted PI except tipranavir and fosamprenavir or 600mg twice a day with efavirenz or etravirine without a ritonavir-boosted PI	2 to 4	Common: Nausea, diarrhoea, fatigue, headache Rare: Allergic reaction, liver problems	Take with or without food	48
Integrase inhibitors							
Raltegravir	<i>Isentress</i>	 400mg tablet	400mg twice a day	2	Common: Headache, insomnia (difficulty sleeping) Rare: Severe rash, hypersensitivity reaction, extreme thirst	Take with or without food	50

*Formulation(s) shown. § Includes ritonavir.

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