










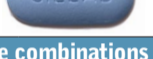

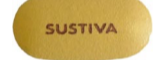









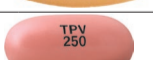






Generic name	Trade name	Formulation	Standard adult dose	Pills/day	Major side-effects	Food restrictions
Nucleoside reverse transcriptase inhibitors (NRTIs)						
3TC, lamivudine	<i>Epivir</i>	 150* and 300mg tablets	150mg twice a day or 300mg once a day	2 1	Common: Nausea, vomiting, diarrhoea, headache, abdominal pain, insomnia, rash, tiredness	Take with or without food
Abacavir	<i>Ziagen</i>	 300mg tablet	300mg twice a day or 600mg once a day	2	Common: Rash, nausea, vomiting, diarrhoea, fever, headache, loss of appetite, tiredness Rare: Hypersensitivity reaction	Take with or without food
AZT, zidovudine	<i>Retrovir</i>	 100 and 250mg* capsules	250mg twice a day	2	Common: Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain Rare: Blood disorders, lipodystrophy	Take with or without food
d4T, stavudine	<i>Zerit</i>	 15, 20, 30 and 40mg* capsules	People over 60kg: 40mg twice a day People under 60kg: 30mg twice a day	2	Common: Lipodystrophy, peripheral neuropathy, nausea, diarrhoea, abdominal pain, dizziness, tiredness, rash Rare: Pancreatitis	Take with or without food
ddI, didanosine	<i>Videx</i>	 25, 50, 100, 150 and 200mg* tablets	People over 60kg: 400mg once a day or 200mg twice a day People under 60kg: 250mg once a day or 125mg twice a day	2 or 4 (chewed or dissolved in water)	Common: Peripheral neuropathy, nausea, vomiting, diarrhoea, rash Rare: Pancreatitis	Take at least two hours after and 30 minutes before eating
ddI, didanosine (extended release)	<i>VidexEC</i>	 125, 200, 250 and 400mg* capsules	People over 60kg: 400mg once a day or 200mg twice a day People under 60kg: 250mg once a day or 125mg twice a day	1 or 2	Common: Peripheral neuropathy, nausea, vomiting, diarrhoea, rash Rare: Pancreatitis	Take at least two hours after and two hours before eating or drinking anything except water
FTC, emtricitabine	<i>Emtriva</i>	 200mg capsule	200mg once a day	1	Common: Nausea, vomiting, diarrhoea, abdominal pain, headache, dizziness, weakness, rash	Take with or without food
Nucleotide reverse transcriptase inhibitors (NtRTIs)						
Tenofovir	<i>Viread</i>	 300mg tablet	300mg once a day	1	Common: Nausea, vomiting, diarrhoea, dizziness, low blood phosphate levels Rare: Kidney problems	Take with or without food
NRTI / NtRTI fixed dose combinations						
3TC / AZT	<i>Combivir</i>	 Tablet comprising 150mg 3TC and 300mg AZT	One tablet twice a day	2	See 3TC and AZT	Take with or without food
3TC / abacavir / AZT	<i>Trizivir</i>	 Tablet comprising 150mg 3TC, 300mg abacavir and 300mg AZT	One tablet twice a day	2	See 3TC, abacavir and AZT	Take with or without food
3TC / abacavir	<i>Kivexa (EU)</i>	 Tablet comprising 300mg 3TC and 600mg abacavir	One tablet once a day	1	See 3TC and abacavir	Take with or without food
FTC / tenofovir	<i>Truvada</i>	 Tablet comprising 200mg FTC and 300mg tenofovir	One tablet once a day	1	See FTC and tenofovir	Take with or without food
NRTI / NtRTI / NNRTI fixed dose combinations						
FTC / tenofovir / efavirenz	<i>Atripla</i>	 Tablet comprising 600mg efavirenz, 200mg FTC and 300mg tenofovir	One tablet once a day	1	See FTC, tenofovir and efavirenz	Take without food
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)						
Efavirenz	<i>Sustiva (EU)</i>	 600mg tablet* and 200mg capsule	600mg once a day	1	Common: Rash, dizziness, sleep disturbance, abnormal dreams, impaired concentration, nausea, headache, tiredness Rare: Depression, psychosis	Take with or without food
Etravirine	<i>Intelence</i>	 100mg tablet	200mg twice daily	4	Common: Rash, diarrhoea and nausea	Take with food
Nevirapine	<i>Viramune</i>	 200mg tablet	200mg once a day for two weeks then 400mg once a day or 200mg twice a day	2	Common: Liver toxicity, allergic reaction, rash, nausea, headache Rare: Stevens Johnson syndrome	Take with or without food
Protease inhibitors						
Atazanavir	<i>Reyataz</i>	 100, 150*, 200 and 300mg capsule	300mg with 100mg ritonavir once a day	2 §	Common: Nausea, diarrhoea, rash, abdominal pain, headache, hyperbilirubinaemia	Take with food
Darunavir	<i>Prezista</i>	 300mg tablet	600mg with 100mg ritonavir twice a day	6	Common: Diarrhoea, nausea, headache	Take with food
Fosamprenavir	<i>Telzir</i>	 700mg tablet	700mg with 100mg ritonavir twice a day	4 §	Common: Lipodystrophy, nausea, vomiting, diarrhoea, rash, abdominal pain, headache, dizziness, tiredness, tingling around the mouth	Take with or without food
Indinavir	<i>Crixivan</i>	 200, 333 and 400mg* capsules	800mg three times a day	6	Common: Kidney stones, abdominal pain, liver abnormalities, lipodystrophy, muscle pain, nausea, vomiting, diarrhoea, rash, headache, dry skin and mouth, tiredness	Take one hour before or two hours after food or take with a light, low-fat snack
Lopinavir / ritonavir	<i>Kaletra Aluvia (resource-limited settings)</i>	 Tablet comprising 200mg lopinavir and 50mg ritonavir	Two tablets twice a day	4	Common: Lipodystrophy, raised liver enzymes, nausea, vomiting, diarrhoea, abdominal pain, rash, tiredness, weakness, headache	Take with or without food
Nelfinavir	<i>Viracept</i>	 250mg tablet	1250mg twice a day or 750mg three times a day	10 9	Common: Lipodystrophy, nausea, vomiting, diarrhoea	Take with food
Ritonavir	<i>Norvir</i>	 100mg capsule	Full dose: 600mg twice a day To 'boost' other PIs: 100 – 200mg once or twice a day	12 1 – 4	Common: Lipodystrophy, nausea, vomiting, diarrhoea, abdominal pain, muscle pain, headache, weakness, numbness around the mouth	Take with food to avoid nausea
Saquinavir	<i>Invirase</i>	 200mg capsule and 500mg tablet*	1000mg with 100mg ritonavir twice a day	6 §	Common: Lipodystrophy, nausea, vomiting, diarrhoea, abdominal pain, muscle pain, headache, rash, fever, tiredness, dizziness	Take within two hours of food
Tipranavir	<i>Aptivus</i>	 250mg capsule	500mg with 200mg ritonavir twice a day	8 §	Common: Lipodystrophy, nausea, diarrhoea, abdominal pain	Take with food
Fusion inhibitor						
T-20, enfuvirtide	<i>Fuzeon</i>	 Powder reconstituted in water	Injection of 90mg under the skin twice a day		Common: Injection site reaction, respiratory tract infections	No food restrictions
CCR5 inhibitor						
Maraviroc	<i>Celsentri</i>	 150*, 300mg tablets	300mg twice a day, 150mg twice a day with all ritonavir-boosted PIs except fosamprenavir and tipranavir or 600mg twice a day with efavirenz	2 – 4	Common: Headache, dizziness, nausea, weakness, flatulence	Take with or without food
Integrase inhibitor						
Raltegravir	<i>Isentress</i>	 400mg tablet	400mg twice a day	2	Common: Headache, diarrhoea, nausea	Take with or without food

*Formulation(s) shown. § Includes ritonavir capsule(s).

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This drug chart is produced by an organisation called NAM. NAM provides people working in the global fight against HIV & AIDS with up to date and impartial information. Please visit us at our website where you can read the latest HIV news and sign up for free email updates.

NAM, Lincoln House, 1 Brixton Road, London, SW9 6DE. Email info@nam.org.uk **Web** www.aidsmap.com