




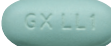
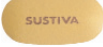









Generic name	Trade name	Formulation	Standard adult dose	Daily pill burden	Major side-effects	Food restrictions
Nucleoside reverse transcriptase inhibitors (NRTIs)						
3TC, lamivudine	<i>Epivir</i>	 150* and 300mg tablets	150mg twice a day or 300mg once a day	2 1	Common: Nausea, vomiting, diarrhoea, headache, abdominal pain, insomnia, rash, tiredness	Take with or without food
Abacavir	<i>Ziagen</i>	 300mg tablet	300mg twice a day or 600mg once a day	2	Common: Loss of appetite, headache, nausea, vomiting, diarrhoea, rash, fever, tiredness Rare: Hypersensitivity reaction	Take with or without food
AZT, zidovudine	<i>Retrovir</i>	 100 and 250mg* capsules	250mg twice a day	2	Common: Nausea, vomiting, fatigue, headache, dizziness, weakness, muscle pain Rare: Blood disorders, possibly lipotrophy	Take with or without food
d4T, stavudine	<i>Zerit</i>	 15, 20, 30 and 40mg* capsules	People over 60kg: 40mg twice a day People under 60kg: 30mg twice a day	2	Common: Diarrhoea, nausea, abdominal pain, lipotrophy, tiredness, peripheral neuropathy, dizziness, rash Rare: Pancreatitis	Take with or without food
ddC, zalcitabine <small>to be discontinued in early 2006</small>	<i>Hivid</i>	 0.375* and 0.75mg* tablets	0.75mg three times a day or 1.125mg twice a day	3 4	Common: Peripheral neuropathy, mouth ulcers, diarrhoea, nausea, rash, fever, weakness	Take with or without food
ddI, didanosine	<i>Videx</i>	 25, 50, 100, 150 and 200mg* tablets	People over 60kg: 400mg once a day or 200mg twice a day People under 60kg: 250mg once a day or 125mg twice a day	2 or 4 (dissolved in water)	Common: Diarrhoea, nausea, vomiting, peripheral neuropathy, rash Rare: Pancreatitis	Take at least two hours after and 30 minutes before eating
ddI, didanosine (extended release)	<i>VidexEC</i>	 125, 200, 250 and 400mg* capsules	People over 60kg: 400mg once a day or 200mg twice a day People under 60kg: 250mg once a day or 125mg twice a day	1 or 2	Common: Diarrhoea, nausea, vomiting, peripheral neuropathy, rash Rare: Pancreatitis	Take at least two hours after and two hours before eating or drinking anything except water
FTC, emtricitabine	<i>Emtriva</i>	 200mg capsule	200mg once a day	1	Common: Headache, diarrhoea, nausea, dizziness, weakness, vomiting, abdominal pain, rash	Take with or without food
Nucleotide reverse transcriptase inhibitors (NtRTIs)						
Tenofovir	<i>Viread</i>	 300mg tablet	300mg once a day	1	Common: Dizziness, diarrhoea, nausea, vomiting, low blood phosphate levels	Take with or without food
NRTI / NtRTI fixed dose combinations						
3TC / AZT	<i>Combivir</i>	 150 / 300mg tablet	One tablet twice a day	2	See 3TC and AZT	Take with or without food
3TC / abacavir / AZT	<i>Trizivir</i>	 150 / 300 / 300mg tablet	One tablet twice a day	2	See 3TC, abacavir and AZT	Take with or without food
3TC / abacavir	<i>Kivexa</i>	 300 / 600mg tablet	One tablet once a day	1	See 3TC and abacavir	Take with or without food
FTC / tenofovir	<i>Truvada</i>	 200 / 300mg tablet	One tablet once a day	1	See FTC and tenofovir	Take with or without food
Non-nucleoside reverse transcriptase inhibitors (NNRTIs)						
Efavirenz	<i>Sustiva</i>	 600mg tablet* and 200mg capsule	600mg once a day	1	Common: Rash, dizziness, nausea, headache, tiredness, sleep disturbance, abnormal dreams, impaired concentration Rare: Depression, psychosis	Take with or without food
Nevirapine	<i>Viramune</i>	 200mg tablet	200mg once a day for two weeks then 400mg once a day or 200mg twice a day	2	Common: Rash, allergic reaction, headache, nausea, liver toxicity Rare: Stevens Johnson syndrome	Take with or without food
Protease inhibitors (PIs)						
Amprenavir	<i>Agenerase</i>	 50mg capsule	1200mg twice a day or 600mg with 100mg ritonavir twice a day	48 26 §	Common: Headache, dizziness, diarrhoea, nausea, vomiting, abdominal pain, rash, fatigue, tingling around the mouth, lipodystrophy	Take with or without food
Atazanavir	<i>Reyataz</i>	 150mg capsule	300mg with 100mg ritonavir once a day	3 §	Common: Nausea, headache, diarrhoea, abdominal pain, rash, hyperbilirubinaemia	Take with food
Indinavir	<i>Crixivan</i>	 200, 333 and 400mg* capsules	800mg three times a day	6	Common: Headache, dizziness, nausea, vomiting, diarrhoea, rash, dry skin and mouth, kidney stones, tiredness, abdominal pain, insomnia, muscle pain, liver abnormalities, lipodystrophy	Take one hour before or two hours after food or take with a light, low-fat snack
Fosamprenavir	<i>Telzir</i>	 700mg tablet	700mg with 100mg ritonavir twice a day	4 §	Common: Headache, dizziness, diarrhoea, nausea, vomiting, abdominal pain, rash, fatigue, tingling around the mouth, lipodystrophy	Take with or without food
Lopinavir / ritonavir	<i>Kaletra</i>	 133 / 33mg capsule	Three capsules twice a day	6	Common: Diarrhoea, nausea, vomiting, abdominal pain, headache, rash, raised liver enzymes, lipodystrophy, fatigue, weakness	Take with food
Nelfinavir	<i>Viracept</i>	 250mg tablet	1250mg twice a day or 750mg three times a day	10 9	Common: Diarrhoea, lipodystrophy, nausea	Take with food
Ritonavir	<i>Norvir</i>	 100mg capsule	Full dose: 600mg twice a day To 'boost' other PIs: 100 - 200mg once or twice daily	12 1 - 4	Common: Abdominal pain, headache, nausea, diarrhoea, vomiting, weakness, numbness around the mouth, muscle pain, lipodystrophy	Take with food to avoid nausea
Saquinavir (hard gel)	<i>Invirase</i>	 200mg capsule and 500mg tablet*	1000mg with 100mg ritonavir twice a day	6 §	Common: Diarrhoea, nausea, headache, dizziness, abdominal pain, vomiting, rash, muscle pain, tiredness, fever, lipodystrophy	Take within two hours of food
Saquinavir (soft gel) <small>to be discontinued in early 2006</small>	<i>Fortovase</i>	 200mg capsule	1200mg three times a day or 1000mg with 100mg ritonavir twice a day	18 12 §	Common: Diarrhoea, nausea, headache, abdominal pain, vomiting, muscle pain, tiredness, loss of appetite, lipodystrophy	Take within two hours of food
Tipranavir	<i>Apivus</i>	 250mg capsule	500mg with 200mg ritonavir twice a day	8 §	Common: Diarrhoea, nausea, stomach cramps, lipodystrophy	Take with food
Fusion inhibitors						
T-20, enfuvirtide	<i>Fuzeon</i>	 Powder reconstituted in water <small>not to size</small>	Injection of 90mg under the skin twice a day	-	Common: Injection site reaction, respiratory tract infections	No food restriction

The editors have taken all reasonable care in the production of this publication. Neither NAM, nor the editors can be held responsible for any inaccuracies or mis-statements of fact beyond their control. Inclusion of information on any treatment or therapy does not represent an endorsement of that treatment or therapy by NAM or the editors. The information should always be used in conjunction with professional medical advice.

* All drugs are shown actual size, except where indicated.
§ Formulation(s) shown.
§ Includes ritonavir capsule(s).